

MAY 2020

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

May 31

01

02

08:30 Breakfast MC
 11:00 Coffee Chat MC
 12:30 Lunch MC
 01:00 Adult Coloring MC
 05:00 Dinner AL

08:30 Breakfast MC
 11:00 Morning Meeting and Fitness MC
 12:30 Lunch MC
 02:00 May Day Craft MC
 05:00 Dinner AL

08:30 Breakfast MC
 11:00 Coffee Chat MC
 12:30 Lunch MC
 01:00 Adult Coloring MC
 05:00 Dinner AL

03

04

05

06

07

08

09

08:30 Breakfast MC
 11:00 Coffee Chat MC
 12:30 Lunch MC
 01:00 Adult Coloring MC
 05:00 Dinner AL

08:30 Breakfast MC
 11:00 Morning Meeting and Fitness MC
 12:30 Lunch MC
 02:00 Dance Party MC
 04:00 Small Group MC

08:30 Breakfast MC
 11:00 Morning Meeting and Fitness MC
 12:30 Lunch MC
 02:00 Cinco De Mayo Craft MC
 04:00 Adult Coloring MC

08:30 Breakfast MC
 11:00 Morning Meeting and Fitness MC
 12:30 Lunch MC
 02:00 Culinary Club MC
 04:00 Soccer Circle MC

08:30 Breakfast MC
 11:00 Morning Meeting and Fitness MC
 12:30 Lunch MC
 02:00 Memory Bingo MC
 05:00 Dinner AL

08:30 Breakfast MC
 11:00 Morning Meeting and Fitness MC
 12:30 Lunch MC
 03:00 Mother's Day Tea and Ceremony MC
 05:00 Dinner AL

08:30 Breakfast MC
 11:00 Coffee Chat MC
 12:30 Lunch MC
 01:00 Adult Coloring MC
 05:00 Dinner AL

10

11

12

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14

15

16

08:30 Breakfast MC
 11:00 Coffee Chat MC
 12:30 Lunch MC
 01:00 Adult Coloring MC
 05:00 Dinner AL

08:30 Breakfast MC
 11:00 Morning Meeting and Fitness MC
 12:30 Lunch MC
 02:00 Bowling MC
 04:00 Small Group MC

08:30 Breakfast MC
 11:00 Morning Meeting and Fitness MC
 12:30 Lunch MC
 02:00 Culinary Club MC
 04:00 Beauty Salon MC

08:30 Breakfast MC
 11:00 Morning Meeting and Fitness MC
 12:30 Lunch MC
 02:00 Craft MC
 04:00 Balloon Volleyball AL

08:30 Breakfast MC
 11:00 Morning Meeting and Fitness MC
 12:30 Lunch MC
 02:00 Memory Bingo MC
 04:00 Courtyard Competitions MC

08:30 Breakfast MC
 11:00 Morning Meeting and Fitness MC
 12:30 Lunch MC
 02:00 Small Group MC
 05:00 Dinner AL

08:30 Breakfast MC
 11:00 Coffee Chat MC
 12:30 Lunch MC
 01:00 Adult Coloring MC
 05:00 Dinner AL

17

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23

08:30 Breakfast MC
 11:00 Coffee Chat MC
 12:30 Lunch MC
 01:00 Adult Coloring MC
 05:00 Dinner AL

08:30 Breakfast MC
 11:00 Morning Meeting and Fitness MC
 12:30 Lunch MC
 02:00 Dance Party MC
 04:00 Small Group MC

08:30 Breakfast MC
 11:00 Morning Meeting and Fitness MC
 12:30 Lunch MC
 02:00 Adult Coloring MC
 02:00 Culinary Club MC

08:30 Breakfast MC
 11:00 Morning Meeting and Fitness MC
 12:30 Lunch MC
 02:00 Craft MC
 04:00 Soccer Circle MC

08:30 Breakfast MC
 11:00 Morning Meeting and Fitness MC
 12:30 Lunch MC
 02:00 Memories in the Making MC
 02:00 Memory Bingo MC

08:30 Breakfast MC
 11:00 Morning Meeting and Fitness MC
 12:30 Lunch MC
 02:00 Beanbag Toss MC
 05:00 Dinner AL

08:30 Breakfast MC
 11:00 Coffee Chat MC
 12:30 Lunch MC
 01:00 Adult Coloring MC
 05:00 Dinner AL

24

Memorial Day

25

26

27

28

29

30

08:30 Breakfast MC
 11:00 Coffee Chat MC
 12:30 Lunch MC
 01:00 Adult Coloring MC
 05:00 Dinner AL

08:30 Breakfast MC
 11:00 Morning Meeting and Fitness MC
 12:30 Lunch MC
 02:00 Bowling MC
 02:00 Bowling MC

08:30 Breakfast MC
 11:00 Morning Meeting and Fitness MC
 12:30 Lunch MC
 02:00 Culinary Club MC
 04:00 Beauty Salon MC

08:30 Breakfast MC
 11:00 Morning Meeting and Fitness MC
 12:30 Lunch MC
 02:00 Craft MC
 04:00 Balloon Volleyball MC

08:30 Breakfast MC
 11:00 Morning Meeting and Fitness MC
 12:30 Lunch MC
 02:00 Memory Bingo MC
 04:00 Courtyard Competitions MC

08:30 Breakfast MC
 11:00 Morning Meeting and Fitness MC
 12:30 Lunch MC
 02:00 Beanbag Toss MC
 02:00 Small Group MC

08:30 Breakfast MC
 11:00 Coffee Chat MC
 12:30 Lunch MC
 01:00 Adult Coloring MC
 05:00 Dinner AL



Dimensions of Wellness

- Physical
- Emotional
- Spiritual
- Environmental
- Vocational
- Social
- Intellectual
- Health Services
- Nutritional
- Purposeful

Meeting Places

- AL FS AL Fireside
- AL AL Dining Room
- DR MC Dining Room
- MC MC Fireside
- FS AL Living Room
- AL AL Courtyard
- CY MC Living Room
- LR MC Living Room
- MC MC Courtyard
- CY